

godis.au



# Becoming

*poetry of pavan*



  
pavan



# BECOMING

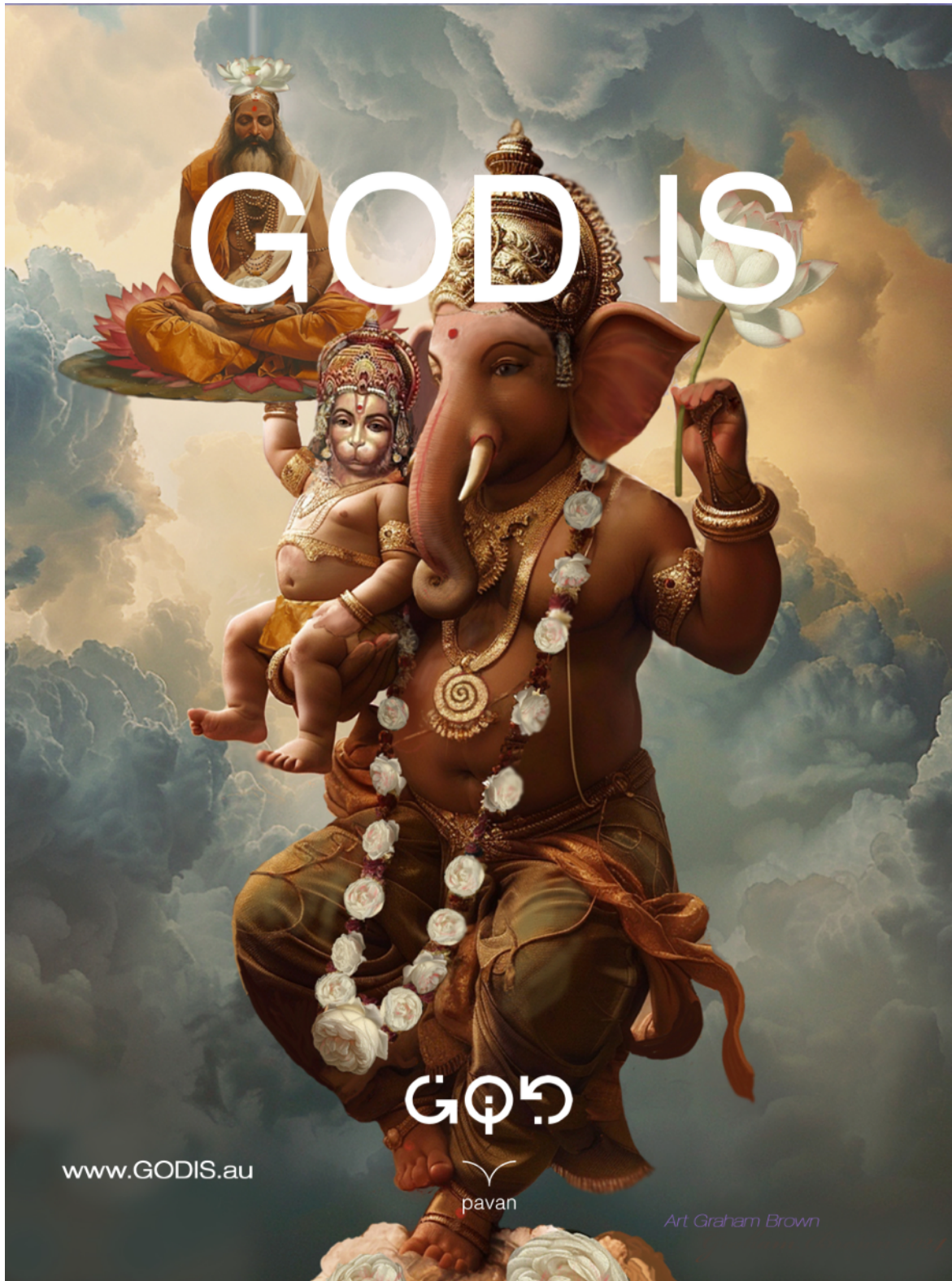
## *Poetry Of Pavan*

Period 2012 to 2024



- 1 To Be a Good Man
- 2 Touch The Transcendent
- 3 GOD IS I Am
- 4 ParaBrahma Forever Freeing
- 5 Becoming
- 6 GOD IS YOU

# 1 To Be A Good Man



# To Be A Good Man

Shri Ganesha takes us to the Heart  
Hanuman gives you strength to stand apart.  
Apart from the rabble, and apart from the gang,  
Be part of the Universe, the great AUM – God sang.

To be a good man means to stand up alone.  
It means to be true, to your true Self, alone.  
To have your own wisdom and truth that's your own.  
To handle those learnings as you become grown.

It means to bear, responsibility with others.  
It means taking care, mothers, sisters, brothers.  
It means to care most for the children of all,  
To be that one who will answer the call.

To be good a man means to be brave and true  
To stand up to the bully, if there's a need to.  
It means off to war, where we might have to die  
When war is required, to fight a great Lie.

To be a good man is to manage the best that you can.  
To use your time well and to make a good plan.  
To measure twice and to cut only once.  
To develop your wisdom, and not be a dunce.

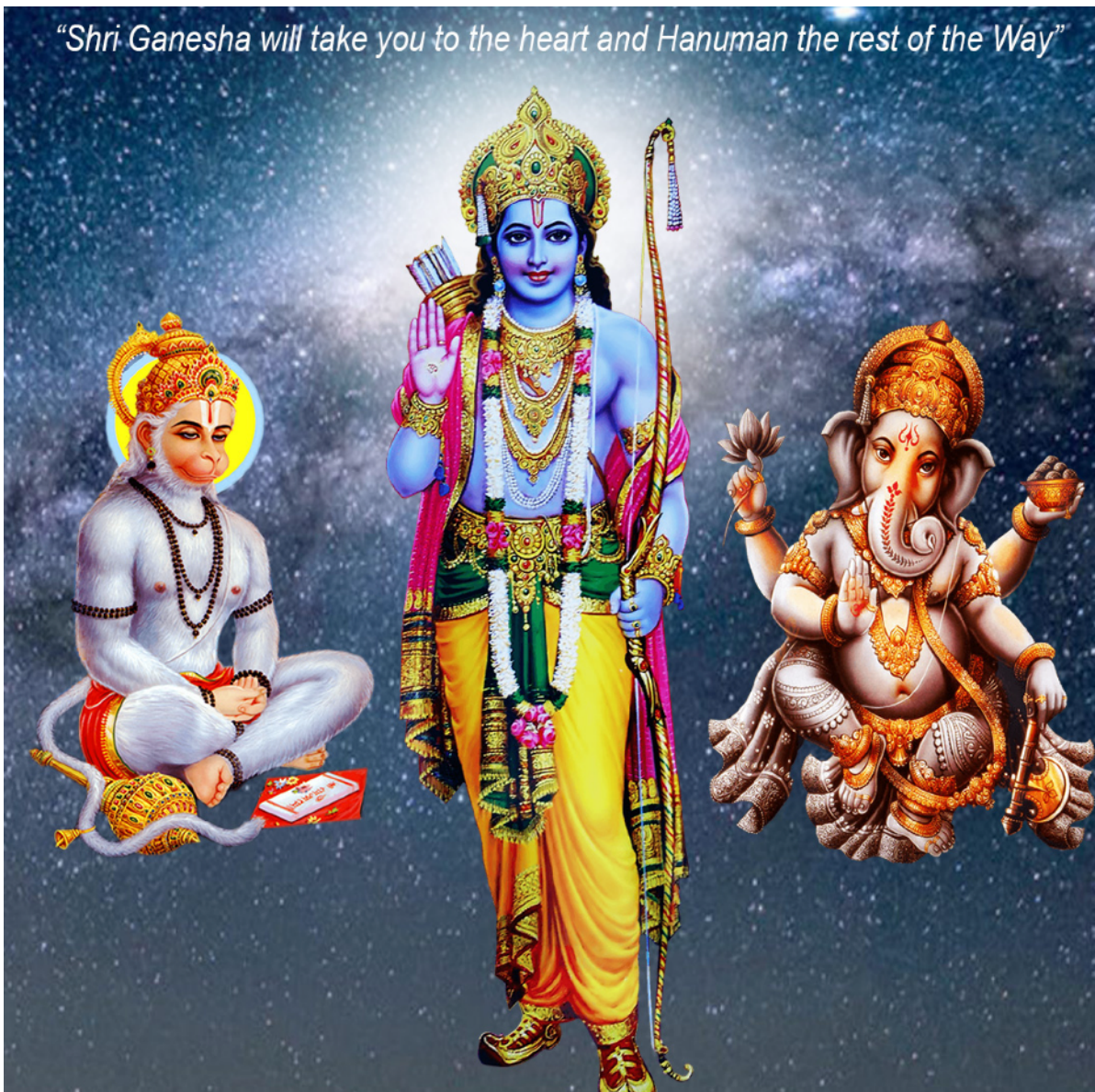
To be a good man is to have both a heart and a head  
To balance the two and become One instead  
To become a friend to many, but belong only to you  
To be your own man, to your own Self, be true.

To be a good man is to try the best you can do.  
And to surrender the rest, to you know Who,  
To be a good man means become your own Guru.  
To know that man in the mirror, is the best of you.



Yes to be a good man  
is the hardest, and bestest, thing you can be.  
To become the Spirit, the God-Self in thee  
To be a grand-son, disciple, of Shri Mataji.

So Now please your Self, the God-Self in you.  
Because your Spirit will know what next you should do.



*Written for the Fathers and Sons Seminar – Jan 6th 2024 Pavan*

# GOD IS

at your fingertips



pavan

Touch the Transcendent ~ Know God-Self



## 2 Touch The Transcendent

### **I touch the Transcendent**

Who is the Resplendent in everything below

I accept That Source is the only force in everything we grow

So what type of Flowers will your leafy tree bowers manifest each day?

The choices are yours, only you are the cause, so watch what it is you say

For your words make it so, you reap what you sow, so make them very sweet

Be they fragrant or weeds, you choose the seeds, your fate is what you mete.

You are made in His Image, there is no scrimmage, see you also make the Play

If its trick or treat, victory, defeat, only you make it happen this way

And if your I wants to cry at the way everything's turned out

Tell your self its not so, you put on this show, and you can turn it about

Its ever been so you thought your ego can do it all alone

True Self is not that, take off your pride's hat, and hang up your telephone

And pick up the Thread, God's above your head, for He is only in One

Then say what you seek, let heart now speak, surrender, God's Will, is done

He's One, your in two, She's waiting in you, to rise for your second Birth

Now is the hour, feel Her great Power, She Is Sacred, Mother, Earth

And She rises in you, then She breaks through, into Heaven now we go

She stuns your mind which falls far behind, in that Silence, Now we grow

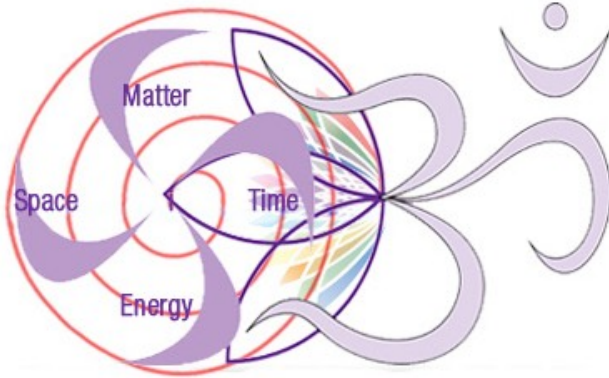
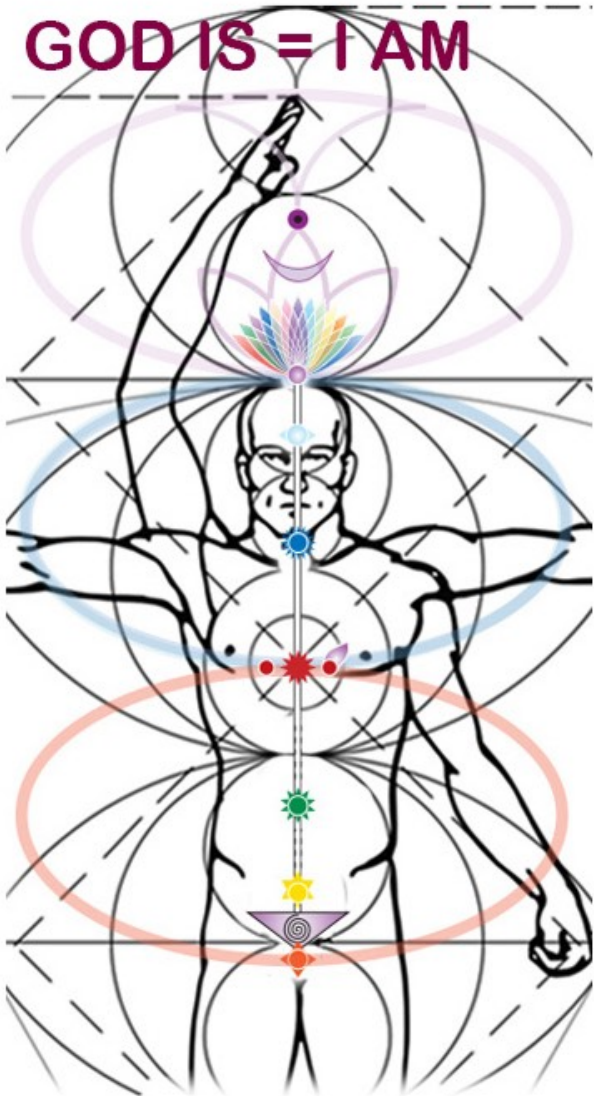
Then ego's dissolved and karmas resolved, Thy Will is to be done

The Light you are now is emitting somehow, and you've become His Son

So things meant for you come easily through, and everything's for you

Your now purified, surrendered inside, and only God is true.

# 3 GOD IS I AM





# **GOD IS I AM**

I am the Seer that is all seeing  
I am the Source that creates all being

I am the Waking, Dream and the Sleep  
I am all the Dimensions, Infinite, Deep

I am the Transcendent, unmanifest, None  
I am the Infinity, Creation, all in One

I am That - that lies beyond and within  
I am Eternal, without end or begin

I am the Roar of cascading Time  
I am That Silence that is No-mind

I am the manifestation, everything  
I am the Source of all, and yet no thing

I am the Knower of everything known  
I am the Seed in all things sown

I am the background, beyond creation  
I am the IS' ness of all without cessation

I am the Dancer, and I am the Play  
I am the Night and I am the Day

I am MahaMaya with Gunas three  
I am All that is, or appears to be

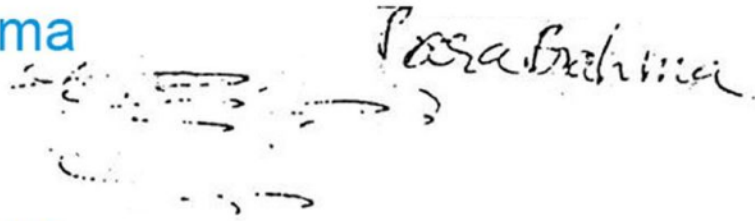
I am the Seer that cannot be seen  
I am everything that's ever been

I Am That I Am ~ both Witness and Drama  
And, I Am, Mysterious Source - ParaBrahma

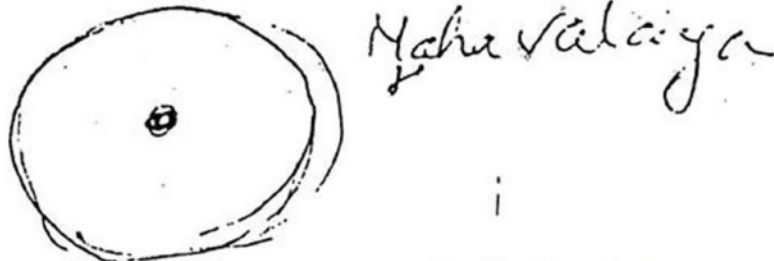
# ParaBrahma Forever Freeing

Original drawing by Shri Mataji

ParaBrahma



Mahavalaya



Sadashiva

Sadashiva



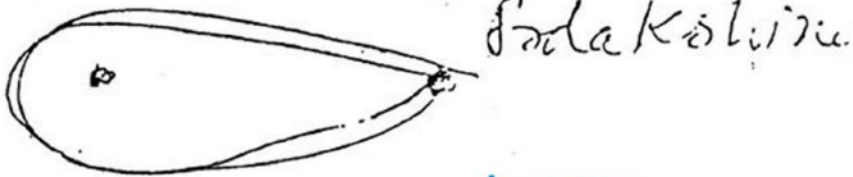
Adishakti

Adishakti



Mahabindu

A-U



A-U

Lasya

Lasya

M



Bindu Ardhabindu

M

Mahakali

Bindu

Mahakali

Ardhabindu

Mahalaxmi

Mahalaxmi

Mahasaraswati

Mahasaraswati



# ParaBrahma Forever Freeing

We are Flowers in the Garden, Her holy Sahasrara.  
Created by the Shakti in SadaShiv puja

GOD IS – Amen – Aum – I know.  
God's Life's in us – God's Breeze does blow  
Mysterious Non-Self : Absolute : Pradakshina  
From where emanates Param Chaitanya

This Source of Subtle, most mysterious.  
Forever highest, most imperious

Our highest height is : ParaBrahma.  
Source of All Causality and Karma  
Source of All, of Self, and Knowing.  
Source of Life itself, and Growing

Source of Shiva, and of Shakti.  
Source of Wisdom, and of Bhakti  
Source of Consciousness – the One true Self.  
Source of Spirit : your own GOD-Self

Source of I, and thou and me.  
Source of All : Identity  
Source of the Great Image, and of Tao.  
Source of Space and Time somehow

Source distils, God's Maha Valaya  
The Great Illusion is Maha Maya  
Source of Ignorance and of Sentience.  
Source of Drama, and of Presence

Source of I, and of acceptance.  
Source of ego, and repentance  
This Source of All is ParaBrahma  
Universal Source of Infinite Drama

Yes ParaBrahma – Forever transcends.  
All beginnings and all ends  
Beyond beginning and dimension.  
Beyond description, and attention

We try and sense – the Insensible.  
We try to touch – incomprehensible  
We try to know the Source of Knowing.  
But we're just Trees and Flowers, growing

Our Purpose Is to show, God – Self.  
To grow up from this lower shelf  
To Delight, Reflect, Divinity.  
In this Playful Maya – Duality.

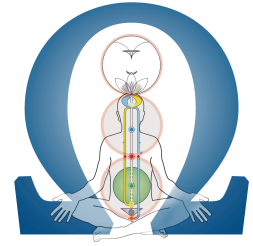
We are the Yogis, meant to Be.  
Yuktas In Oneness, in Harmony  
We are the way for ParaBrahma, to Be.  
We are One, and Other : God-Self to See

ParaBrahma - Source of Shiva and Shakti.  
Highest Source Zero : beyond Buddhi and Bhakti  
To touch this Source beyond MahaMaya.  
Raise your fingertips, up higher

And let That Silent Source, Non-Being.  
Dissolve your you, forever Freeing.  
For when at last we are Ascending.  
We find the Grace of God Descending.

*“These nine Chakras are to be crossed in this life-time.  
That should be your Destiny” Shri Mataji*

**Postulation... The high Samadhis reflect high Chakras. Pavan.**



**State of SAMADHI = High Chakras**

Non-Being	Advaita	Valaya
Oneness	Sahaja Samadhi	Bindu
Doubtless	Nirvikalpa Samadhi	Ardha Bindu
Doubting	Savikalpa Samadhi	Sahasrara
Thoughtless	Nirvichara Samadhi	Agnya

**THREE CHANNELS** or Nadis  
 TRI-GUNA 3 Primordial Powers  
 Sahasrara 1000 Petals 7th level

**LEFT Channel = YIN**  
 Devotion, Bhakti, Feeling, Intuiting  
**RIGHT Channel = YANG**  
 Discipline, Buddhi, Thinking, Sensing  
**CENTRE Channel = YOGA**  
 Dharma, Becoming, Evolving, Integrating

**THREE LEVELS of 3 = 9 Chakras**

*"Within us, as you know, there are seven chakras for your ascent and two above it. So all these nine chakras are to be crossed in this life time. That should be your destiny!"*

**Shri Mataji Pune 1988**

Pradakshina Divine Love Ω  
 Valaya (ParaBrahma) (TAO)  
 the ZERO - Non-Dual 10th level  
 the ONE - Source - Bindhu  
 Consciousness (SadaShiva) 9th level  
 the TWO - Source - Ardha Bindhu  
 Power (Adi Shakti) 8th level

the THREE - Tri-Gunas (MahaMaya)  
 Sahasrara 1000 Petals 7th level

Agnya Mind-Ego (ME) + I 6th level  
 Individual personality  
 (temprament or Vritti)

Vishuddhi 5th level

Shri Lalita & Shri Chakra

Heart Anahat (Spirit - Left Heart) 4th level

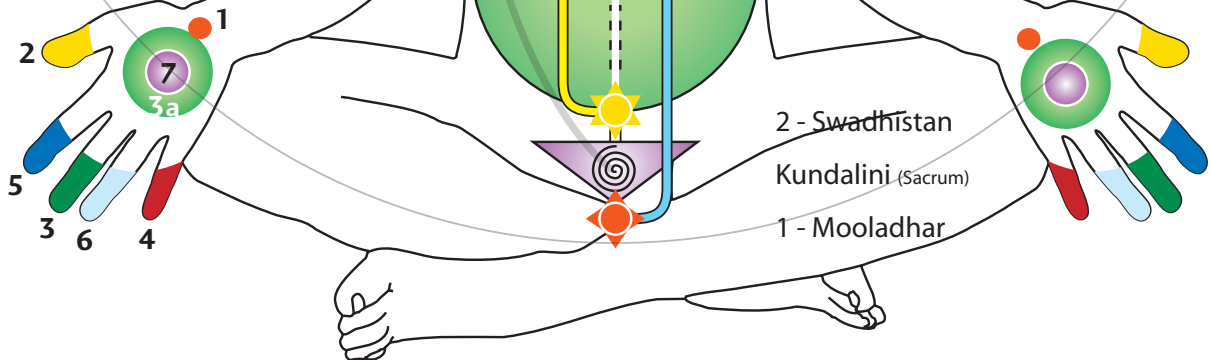
Void Bhavasagra

3 - Nabhi 3rd level

2 - Swadhistan

Kundalini (Sacrum)

1 - Mooladhar





## 5 Becoming...

The first stage Nirvichara is just to be thought free  
So just be present here and now, and see what you will see.  
There is no effort in this state, just watching your attention,  
We see its running here and there in mind and sense dimension.

If need be, now breath consciously, if no need, then breathe slow  
Be quiet in this Silence, now, just see, accept, let go.  
Now settled in attention we begin the Greatest Quest  
We ask the Power of Pure Desire, our Mother, we request

*“Our Mother coiled within us, in Your sacred Kumbah there,  
You made us and evolved us, forever in Your care,  
Please rise now, take attention, within Your Font of blissful Love  
With Your Cool Wind, Holy Spirit, let us fly now, high above”*

In Heaven's Realms we enter, Christ opened up the Door,  
He made the Pathway Open, to do God's Will for sure  
His pure desire, surrender, and His Love for God and Man  
Empowered Him through sacrifice to fulfil all in God's plan.

And so He is, Christ Consciousness, at that Narrow Door  
In Humility and Forgiveness we can pass for evermore  
We too can be the Sons of God, we too be born again,  
We realise our Self is Light, and Grace falls down like rain.

That Light in our awareness, now discerns in all we see,  
In us, Love, Joy, Compassion, True Self, identity,  
Love's Light is growing brighter, as our Kalpas fall away  
Sarvikalpa is not quite free yet, from the dramas in Love's Play.

We stand with one foot in two Worlds, we bridge above below,  
One foot in Heaven, one on Earth, not carefree, yet we know  
That the Kingdom on Earth is dawning, wherein we will abide,  
In doubtless Nirvikalpa - the darkness cannot hide.

And so we work, good Karma, we bring Light to all,  
We share Self Realisation, restores us from the Fall.  
She raises us beyond our past, dissolving us in Love.  
She is Shri Adi Shakti Ma, She is Integrity, above.

The Play of Shiva's I'ness, and His Power ~ Adi Shakti  
We see Her Dance ~ TriGuna, three Powers in Play, we see  
And He Watches and Enjoys Her, as the One, Two becomes Three  
His Consciousness and Pure Desire, Creates, Causality

Yes Consciousness, the I That IS, informs, creates, each One  
And every One, is only "I", by MahaMaya, this is done :  
Infinite, fantastic and phenomenal, these multiple Universes,  
Yet all these forms and changes are His Shakti ~ She disperses.

We can know we are that Shiva, and His Sat and Chit, Ananda,  
Reality, God-Self, True Spirit says.. *to your ego, do not pander.*  
Be One in Presence here and now, and watch your mind and ego  
Just Be eternal, silent, witness - keep high up here in Flow.

So here we stay and here we know. We are One Self, abiding  
This Drop is always just Ocean, the One in all residing  
This Spirit, Spark, Eternal, the Consciousness of you  
Is only One, your I'ness, and in Truth cannot be two

So plumb the Depths of I'ness... this I did not begin  
To see your self as other, is false ego, and a sin.  
Your body, soul and mind-ego? These disappear from view  
But your I that is in Presence, is eternal, ever new.

So how Become this I?... Just BE – there truly is no other!  
Let Her the Para Shakti ~ Dance. She IS, your Holy Mother  
She connects you and She clears you, She makes you One in God  
She dissolves all your imbalances, and cleans away the sod

She takes you in Her own Self, then you'll in Heaven Be  
Until at last She will dissolve all the separateness you see.

Then in a flash of Seeing, your doubts all drop away,  
Then you are One and doubtless, pure Consciousness you stay.

Now this I, that has no other, is your One and only you  
You have no limitations now. Everything is Now in You.  
You are the I of Shiva, watching the Play of Shakti Ma ~  
You are Eternal Witness in that state Nirvikalpa.

And every passing moment IS ~ only Re-Creation  
I Am the Field, Existence, I Am the Observation  
All Energy and Matter, in Time - Space, all we see  
All sentience and beings, are all branches of the Tree

This I that is Perception, is the Source of Love and Bliss  
For when your eye is Single, there is no more than This  
You exist now into all forms, at all the levels nine,  
You know that all and everything is your Self and is Divine

Yet your I is Still, the Witness, and your I contains the Play  
And you Enjoy your own Self, as you manifest each Day  
And this Joy is Your fulfilment, and Your Love-Light all surrounds  
This Presence is your God - Self, in One there are no bounds

Sahaja is within you, and Samadhi is just Still  
And when you know your One in God, you know and do His Will  
You know God's Self is in all forms, God's Play is Light and Dark  
Gods gift is One in separateness, so God's Drama can be stark

God Knows, we're all Eternal, we are returning as the Light,  
Yet know in Truth we always were, just growing through the Night  
And all these states of separateness, as the One becomes each being  
Its just Her Play, Creation, for His Joy is in the Seeing.

So He and She, Eternal, Play their Game of Hide and Seek,  
The Source Non-Being, becomes God-Self, our Spirit is that Peak  
At last the valency is Ten, the Nine plus Source, who Frees  
We are Her World, and Garden. She is Watering us, Her Trees.





Pradakshina	Divine Love		<p><i>"You have become Collective Consciousness, which is awakened within you. This power is Brahma Shakti  and it is present in the universe, in different forms and even in molecules.  It is the solidity (Jada Shakti) in solids, In living beings it is Beauty (Saundarya Shakti)  In waking state it is the power of Bliss,  In Sahaja Yoga it is the power of Consciousness Bliss,  In Param Yoga it is supreme Bliss and within Bhagwati, it is the power of being Brahma (Brahma – bhootwa Shakti).  You have understood all these, but you should experience them. You should have steady mind and surrendering your heart, become free from the illusion.  These are My Blessings.  Ever yours, Mother Nirmala"  Shri Mataji Nirmala Devi ~ 1979</i></p>
Valaya	Para Brahma		
Bindhu	Sada Shiva		
Ardha Bindhu	Adi Shakti		
Sahasrara	Shri Mataji		
Agnya	Mary Jesus		
Vishudhi	Radha Krishna		
Heart	Durga Shiva		
Void	Adi Guru		
Nabhi	Laxmi Vishnu		
Swadhistan	Brahma		
Kundalini	Shakti Ma		
Mooladhara	Ganesha		

## 6 God Is You

God IS the One who Seeks and Finds. Its only God that Knows  
The Trees of Life and Knowledge - Polarity that grows.  
God's three Gunas are the Play, Left, Centre and the Right.  
The Play, the Dance and Drama? God Is both Day and Night.

God sings the AUM, our Nadis, these Three in us are One  
The Mother Earth, Sister Moon and our Father, Sun.  
God IS - Sat Truth, Chitta Awareness, Ananda is His Joy,  
Our Source and Truth is Innocence, in every girl and boy.

God IS the Matrix of Time-Space, where Energy is Matter.  
This All and IS, this everything, is from God's Big Bang, splatter.  
God IS the MahaMaya, apparent separateness of 'Other'  
Eternal, Illusion, the Great Mystery : Our Universal Mother.

God IS the great Transcendent Source, and IS the Immanent Force  
GOD IS, and in our Universal Sense, GOD IS YOU, of course.

