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Becoming

poetry of pavan

pavan

BECOMING

Poetry Of Pavan

Period 2012 to 2024

1 To Be a Good Man

2 Touch The Transcendent

3 GOD IS I Am

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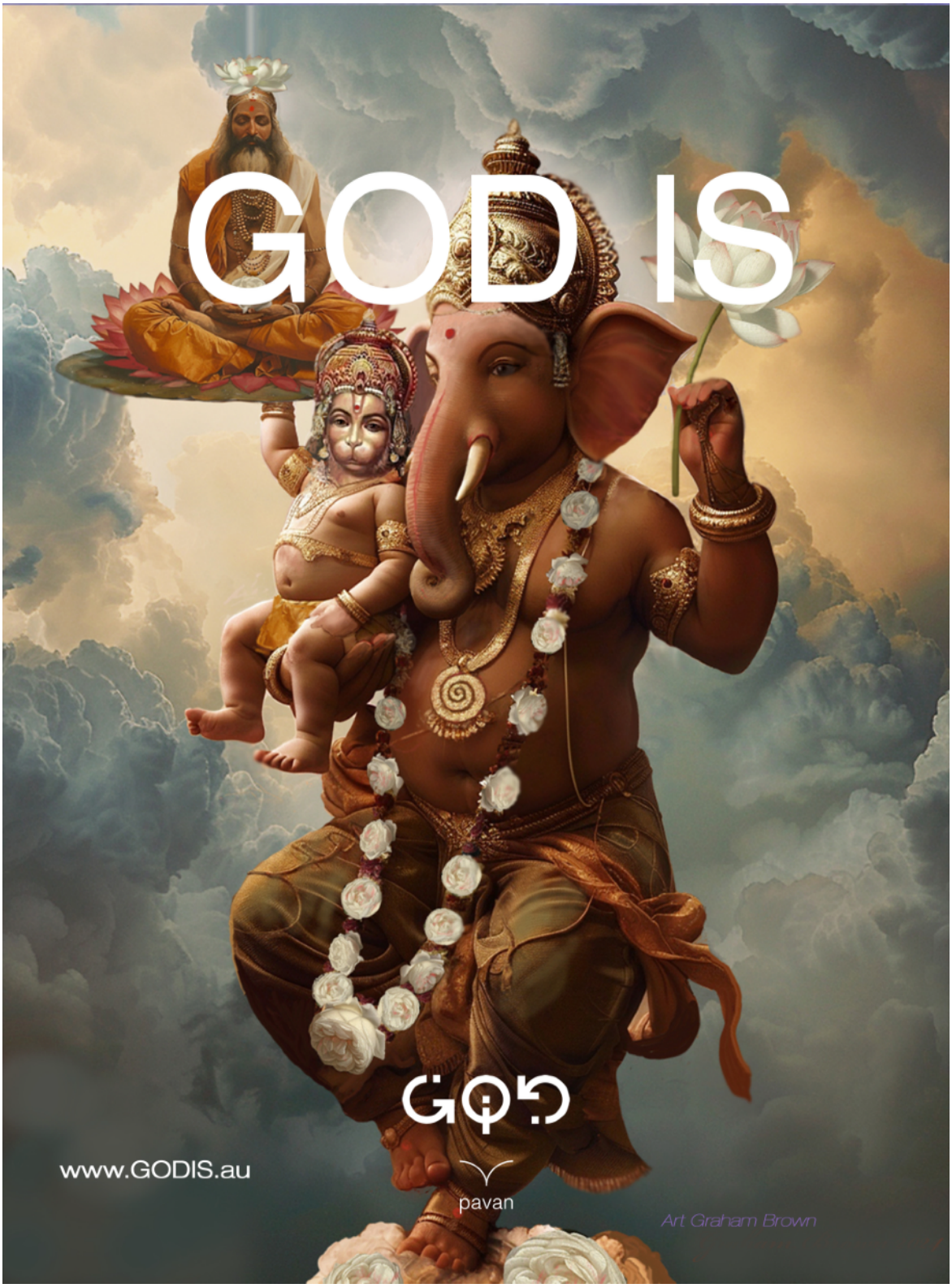
1 To Be A Good Man



To Be A Good Man

Shri Ganesha takes us to the Heart
Hanuman gives you strength to stand apart.
Apart from the rabble, and apart from the gang,
Be part of the Universe, the great AUM – God sang.

To be a good man means to stand up alone.
It means to be true, to your true Self, alone.
To have your own wisdom and truth that's your own.
To handle those learnings as you become grown.

It means to bear, responsibility with others.
It means taking care, mothers, sisters, brothers.
It means to care most for the children of all,
To be that one who will answer the call.

To be good a man means to be brave and true
To stand up to the bully, if there's a need to.
It means off to war, where we might have to die
When war is required, to fight a great Lie.

To be a good man is to manage the best that you can.
To use your time well and to make a good plan.
To measure twice and to cut only once.
To develop your wisdom, and not be a dunce.

To be a good man is to have both a heart and a head
To balance the two and become One instead
To become friend to many, yet belong only to you
To be your own man, to your own Self, be true.

To be a good man is to try the best you can do.
And to surrender the rest, to you know Who,
To be a good man means become your own Guru.
To know that man in the mirror, is the best of you.

Yes to be a good man
is the hardest, and bestest, thing you can be.
To become the Spirit, the God-Self in thee
To be a grand-son, disciple, of Shri Mataji.

So Now please your Self, the God-Self in you.
Because your Spirit will know what next you should do.

Written for the Fathers and Sons Seminar – Jan 6th 2024 Pavan

GOD IS
at your fingertips

Touch the Transcendent ~ Know God-Self

2 Touch The Transcendent

I touch the Transcendent
Who is the Resplendent in everything below
I accept That Source is the only force in everything we grow

So what type of Flowers will your leafy tree bowers manifest each day?
The choices are yours, only you are the cause, so watch what it is you say

For your words make it so, you reap what you sow, so make them very sweet
Be they fragrant or weeds, you choose the seeds, your fate is what you mete.

You are made in His Image, there is no scrimmage, see you also make the Play
If its trick or treat, victory, defeat, only you make it happen this way

And if your I wants to cry at the way everything's turned out
Tell your self its not so, you put on this show, and you can turn it about

Its ever been so you thought your ego can do it all alone
True Self is not that, take off your pride's hat, and hang up your telephone

And pick up the Thread, God's above your head, for He is only in One
Then say what you seek, let heart now speak, surrender, God's Will, is done

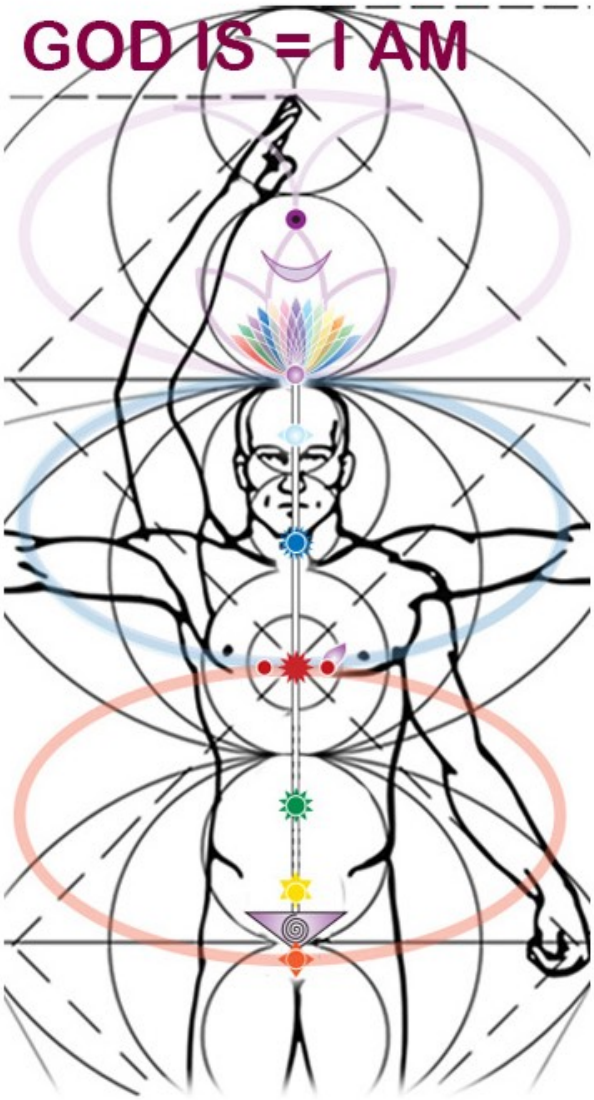
He's One, your in two, She's waiting in you, to rise for your second Birth
Now is the hour, feel Her great Power, She Is Sacred, Mother, Earth

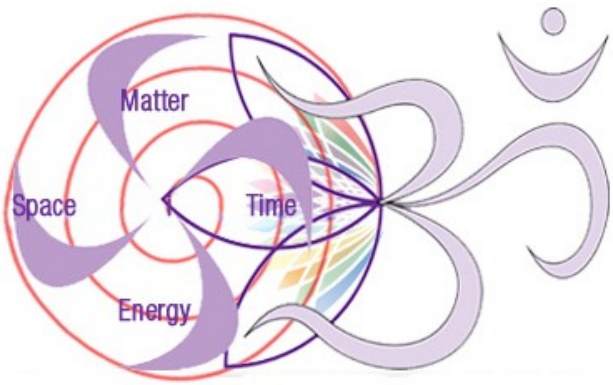
And She rises in you, then She breaks through, into Heaven now we go
She stuns your mind which falls far behind, in that Silence, Now we grow

Then ego's dissolved and karmas resolved, Thy Will is to be done
The Light you are now is emitting somehow, and you've become His Son

So things meant for you come easily through, and everything's for you
Your now purified, surrendered inside, and only God is true.

3 GOD IS I AM





GOD IS I AM

I am the Seer that is all seeing
I am the Source that creates all being

I am the Waking, Dream and the Sleep
I am all the Dimensions, Infinite, Deep

I am the Transcendent, unmanifest, None
I am the Infinity, Creation, all in One

I am That - that lies beyond and within
I am Eternal, without end or begin

I am the Roar of cascading Time
I am That Silence that is No-mind

I am the manifestation, everything
I am the Source of all, and yet no thing

I am the Knower of everything known
I am the Seed in all things sown

I am the background, beyond creation
I am the IS' ness of all without cessation

I am the Dancer, and I am the Play
I am the Night and I am the Day

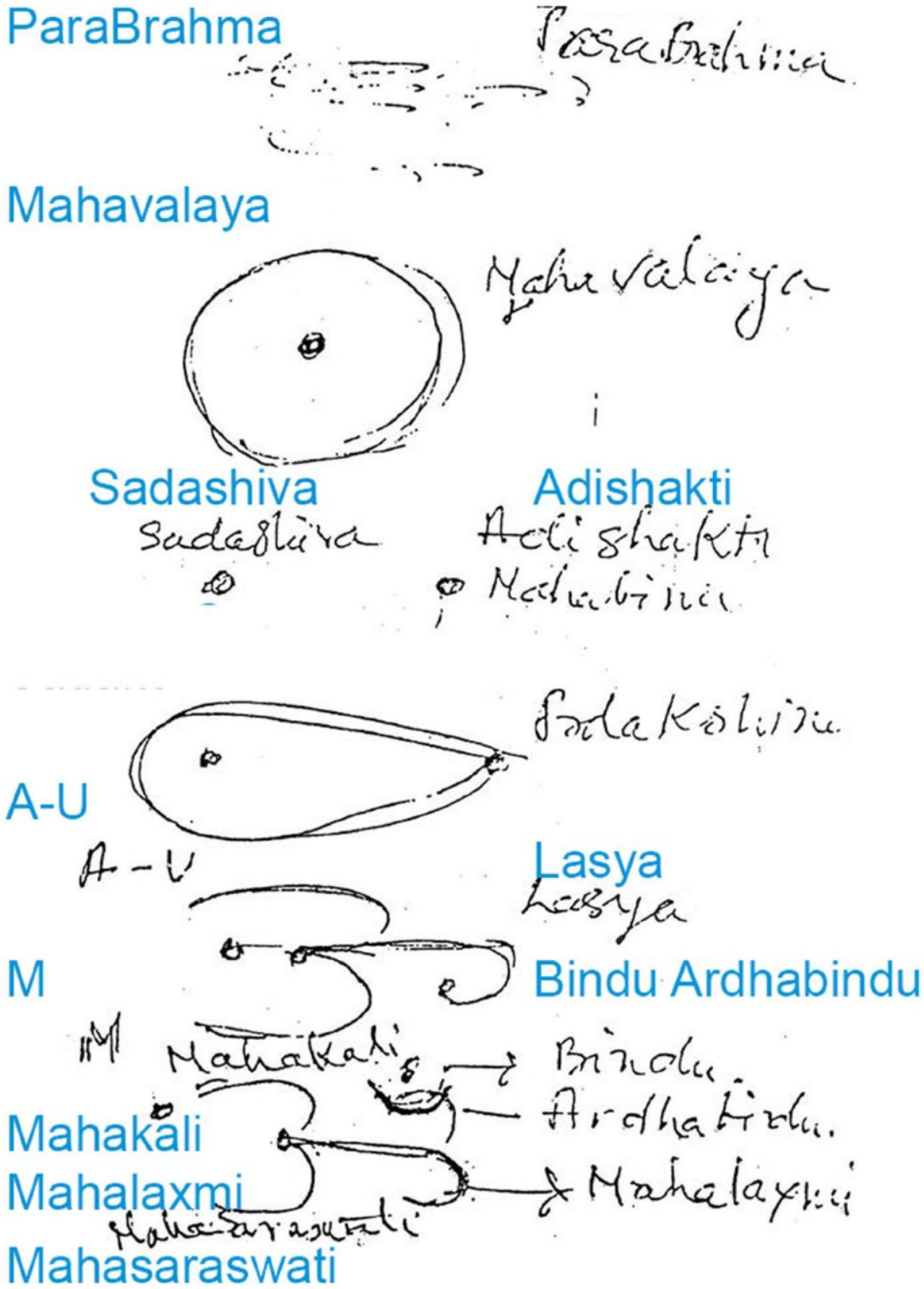
I am MahaMaya with Gunas three
I am All that is, or appears to be

I am the Seer that cannot be seen
I am everything that's ever been

I Am That I Am ~ both Witness and Drama
And, I Am, Mysterious Source - ParaBrahma

ParaBrahma Forever Freeing

Original drawing by Shri Mataji



ParaBrahma Forever Freeing

We are first Flowers in the Garden, of Her Sahasrara.
Created by the Shakti in SadaShiv puja

GOD IS – Amen – Aum – I know.
God's Life's in us – God's Breeze does blow
Mysterious Non-Self : Absolute : Pradakshina
From where emanates Param Chaitanya

This Source of Subtle, most mysterious.
Forever highest, most imperious

Our highest height is : ParaBrahma.
Source of All Causality and Karma
Source of All, of Self, and Knowing.
Source of Life itself, and Growing

Source of Shiva, and of Shakti.
Source of Wisdom, and of Bhakti
Source of Consciousness – the One true Self.
Source of Spirit : your own GOD-Self

Source of I, and thou and me.
Source of All : Identity
Source of the Great Image, and of Tao.
Source of Space and Time somehow

Source distils, God's Maha Valaya
The Great Illusion is Maha Maya
Source of Ignorance and of Sentience.
Source of Drama, and of Presence

Source of I, and of acceptance.
Source of ego, and repentance
This Source of All is ParaBrahma
Universal Source of Infinite Drama

Yes ParaBrahma – Forever transcends.
All beginnings and all ends
Beyond beginning and dimension.
Beyond description, and attention

We try and sense – the Insensible.
We try to touch – incomprehensible
We try to know the Source of Knowing.
But we're just Trees and Flowers growing

Our Purpose Is to show, God – Self.
To grow up from this lower shelf
To Delight, Reflect, Divinity.
In this Playful Maya – Duality.

We are the Yogis, meant to Be.
Yuktas In Oneness, in Harmony
We are the way for ParaBrahma, to Be.
We are One, and Other : God-Self to See

ParaBrahma - Source of Shiva and Shakti.
Highest Source Zero : beyond Buddhi and Bhakti
To touch this Source beyond MahaMaya.
Raise your fingertips, up higher

And let That Silent Source, Non-Being.
Dissolve your you, forever Freeing.
For when at last we are Ascending.
We find the Grace of God Descending.

"These nine Chakras are to be crossed in this life-time.
That should be your Destiny" Shri Mataji

(Postulation… high Samadhis reflect high Chakras … Pavan).

GOD

State of SAMADHI = High Chakras

Non-Being	Advaita	Valaya
Oneness	Sahaja Samadhi	Bindu
Doubtless	Nirvikalpa Samadhi	Ardha Bindu
Doubting	Savikalpa Samadhi	Sahasrara
Thoughtless	Nirvichara Samadhi	Agnya

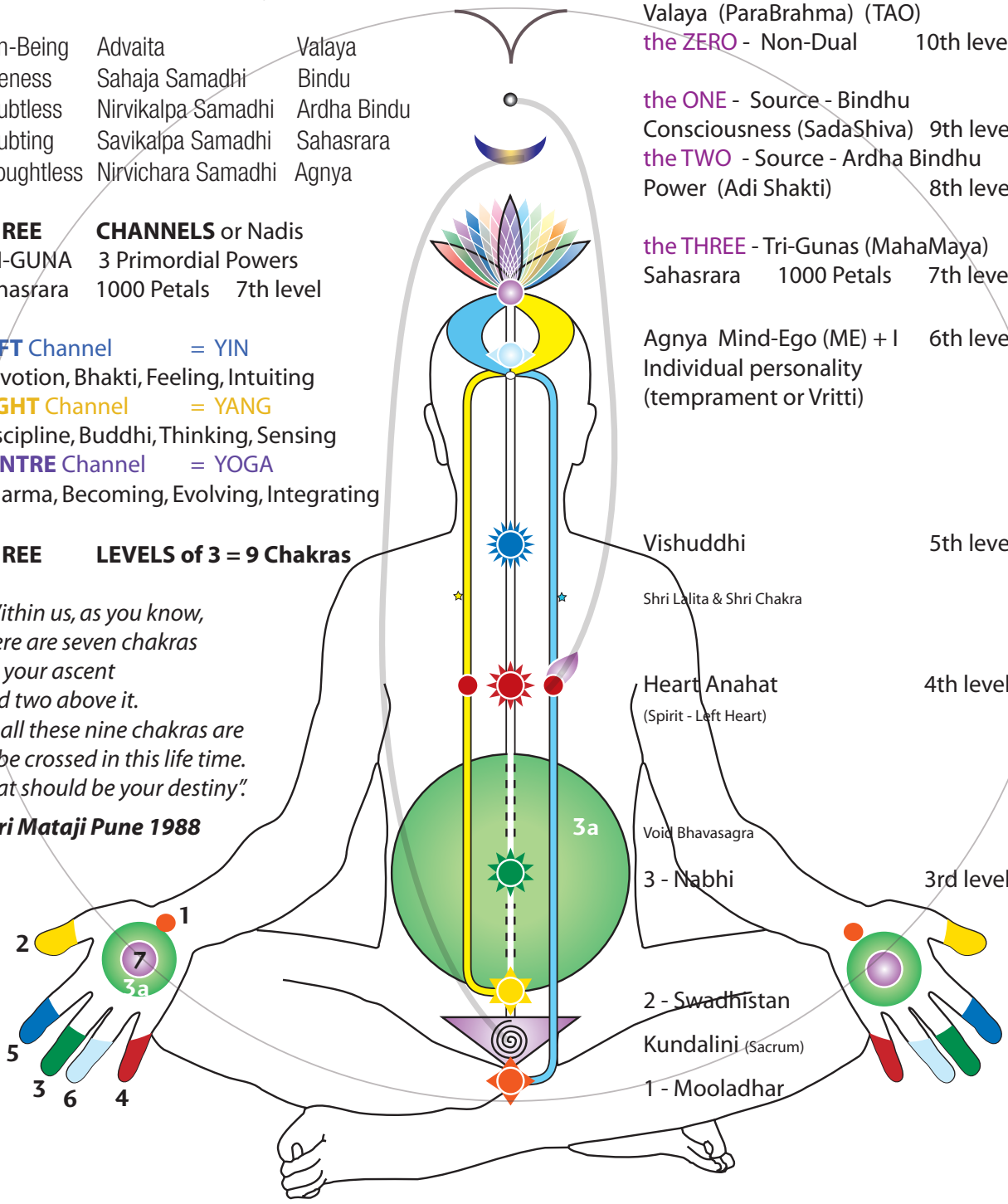
THREE CHANNELS or Nadis
TRI-GUNA 3 Primordial Powers
Sahasrara 1000 Petals 7th level

LEFT Channel = YIN
Devotion, Bhakti, Feeling, Intuiting
RIGHT Channel = YANG
Discipline, Buddhi, Thinking, Sensing
CENTRE Channel = YOGA
Dharma, Becoming, Evolving, Integrating

THREE LEVELS of 3 = 9 Chakras

"Within us, as you know,
there are seven chakras
for your ascent
and two above it.
So all these nine chakras are
to be crossed in this life time.
That should be your destiny".

Shri Mataji Pune 1988



Pradakshina Divine Love Ω
Valaya (ParaBrahma) (TAO)
the ZERO - Non-Dual 10th level

the ONE - Source - Bindhu
Consciousness (SadaShiva) 9th level
the TWO - Source - Ardha Bindhu
Power (Adi Shakti) 8th level

the THREE - Tri-Gunas (MahaMaya)
Sahasrara 1000 Petals 7th level

Agnya Mind-Ego (ME) + I 6th level
Individual personality
(temprament or Vritti)

Vishuddhi 5th level

Shri Lalita & Shri Chakra

Heart Anahat 4th level
(Spirit - Left Heart)

Void Bhavasagra

3 - Nabhi 3rd level

2 - Swadhistan

Kundalini (Sacrum)

1 - Mooladhar

Concept & Illustration - Pavan - Nov 2024

5 Becoming…

The first stage Nirvichara is just to be thought free
So just be present here and now, and see what you will see.
There is no effort in this state, just watching your attention,
We see its running here and there in mind and sense dimension.

If need be, now breath consciously, if no need, then breathe slow
Be quiet in this Silence ~ just see, accept, let go.
Now settled in attention we begin the Greatest Quest
We ask the Power of Pure Desire, our Mother, we request

"Oh Mother coiled within us, in Your sacred Kumbah there,
You made us and evolved us, forever in Your care,
Please rise now, take attention, within Your Font of blissful Love
With Your Cool Wind, Holy Spirit, let us fly now, high above"

Into Heaven's realms we enter, Christ opened up the Door,
He made the Pathway open, to do God's Will for sure
His pure desire, surrender, and His Love for God and Man
Empowered Him through sacrifice to fulfil all in God's plan.

And so He is, Christ Consciousness, at that Narrow Door
In Humility and Forgiveness we Now pass for evermore
We too can be the Sons of God, we too are born again,
We realise our Self is Light, and Grace falls down like rain.

That Light in our awareness, now discerns in all we see,
In us, Love, Joy, Compassion, True Self, identity,
Love's Light is growing brighter, as our Kalpas fall away
Sarvikalpa is not quite free yet, from the dramas in Love's Play.

We stand with one foot in two Worlds, we bridge above below,
One foot in Heaven, one on Earth, not carefree yet we know
That the Kingdom on Earth is dawning, wherein we will abide,
In doubtless Nirvikalpa - the darkness cannot hide.

And so we work, good Karma, we bring Light to all,
We share Self Realisation, restores us from the Fall.
She raises us beyond our past, dissolving us in Love.
She is Shri Adi Shakti Ma, She is Integrity, above.

The Play of Shiva's I'ness, and His Power ~ Adi Shakti
We see Her Dance ~ TriGuna, three Powers in Play, we see
And He Watches and Enjoys Her, as the One, Two becomes Three
His Consciousness and Pure Desire, Creates, Causality

Yes Consciousness, the I That IS, informs, creates, each One
And every One, is only "I", by MahaMaya, this is done :
Infinite, fantastic and phenomenal, these multiple Universes,
Yet all these forms and changes are His Shakti ~ She disperses.

We can know we are that Shiva, and His Sat and Chit, Ananda,
Reality, God-Self, True Spirit says.. *to your ego, do not pander*.
Be One in Presence here and now, and watch your mind and ego
Just Be eternal, silent, witness - keep high up here in Flow.

So here we stay and here we know. We are One Self, abiding
This Drop is always only Ocean, the One in all residing
This Spirit, Spark, Eternal, the Consciousness of you
Is only One, your I'ness, and in Truth cannot be two

So plumb the Depths of I'ness… this I did not begin
To see your self as separate, is false ego, and a sin.
Your body, soul and mind-ego? These disappear from view
But your I that is in Presence, is eternal, ever new.

So how Become this I?… Just BE – there truly is no other!
Let Her the Para Shakti ~ Dance. She IS, your Holy Mother
She connects you and She clears you, She makes you One in God
She dissolves all your imbalances, and cleans away the sod

She takes you in Her own Self, then you'll in Heaven Be
Until at last She will dissolve all the separateness you see.

Then in a flash of Seeing, your doubts all drop away,
Then you are One, and doubtless, pure Consciousness you stay.

Now this I, that has no other, is your One and only you
You have no limitations now. Everything is Now in You.
You are the I of Shiva, watching the Play of Shakti Ma ~
You are Eternal Witness in this state Nirvikalpa.

And every passing moment IS ~ only Re-Creation
I Am the Field, Existence, I Am the Observation
All Energy and Matter, in Time-Space, all we see
All sentience and beings, are all branches of the Tree

This I that is Perception, is the Source of Love and Bliss
For when your eye is Single, there is no more than This
You exist now into all forms, at all the levels nine,
You know that all and everything is your Self and is Divine

Yet your I is Still, the Witness, and, your I contains the Play
And you Enjoy your own God-Self, as you manifest each Day
And this Joy is Your fulfilment, and Your Love-Light all surrounds
This Presence is your God-Self, in One there are no bounds

Sahaja is within you, and Samadhi is just Still
And when you know your One in God, you know and do His Will
You know God's Self is in all forms, God's Play is Light and Dark
Gods gift is One in separateness, so God's Drama can be stark

God Knows, we're all Eternal, we are returning as the Light,
Yet know in Truth we always were, just growing through the Night
And all these states of separateness, as the One becomes each being
Its just Her Play, Creation, for His Joy is just in Seeing.

So He and She, Eternal, Play their Game of Hide and Seek,
The Source Non-Being, becomes God-Self, our Spirit is that Peak
At last the valency is Ten, the Nine plus Source, who Frees
We are Her World, and Garden. She is Watering us, Her Trees.

Pradakshina	Divine Love
Valaya	Para Brahma
Bindhu	Sada Shiva
Ardha Bindhu	Adi Shakti
Sahasrara	Shri Mataji
Agnya	Mary Jesus
Vishudhi	Radha Krishna
Heart	Durga Shiva
Void	Adi Guru
Nabhi	Laxmi Vishnu
Swadhistan	Brahma
Kundalini	Shakti Ma
Mooladhara	Ganesha

"You have become
Collective Consciousness,
which is awakened within you.
This power is Brahma Shakti

and it is present in the universe,
in different forms and
even in molecules.

It is the solidity (Jada Shakti) in solids,

In living beings it is Beauty (Saundarya Shakti)

In waking state it is the power of Bliss,

In Sahaja Yoga it is the power
of Consciousness Bliss,

In Param Yoga it is supreme Bliss
and within Bhagwati,
it is the power of being Brahma
(Brahma – bhootwa Shakti).

You have understood all these,
but you should experience them.
You should have steady mind and
surrendering your heart,
become free from the illusion.

These are My Blessings.

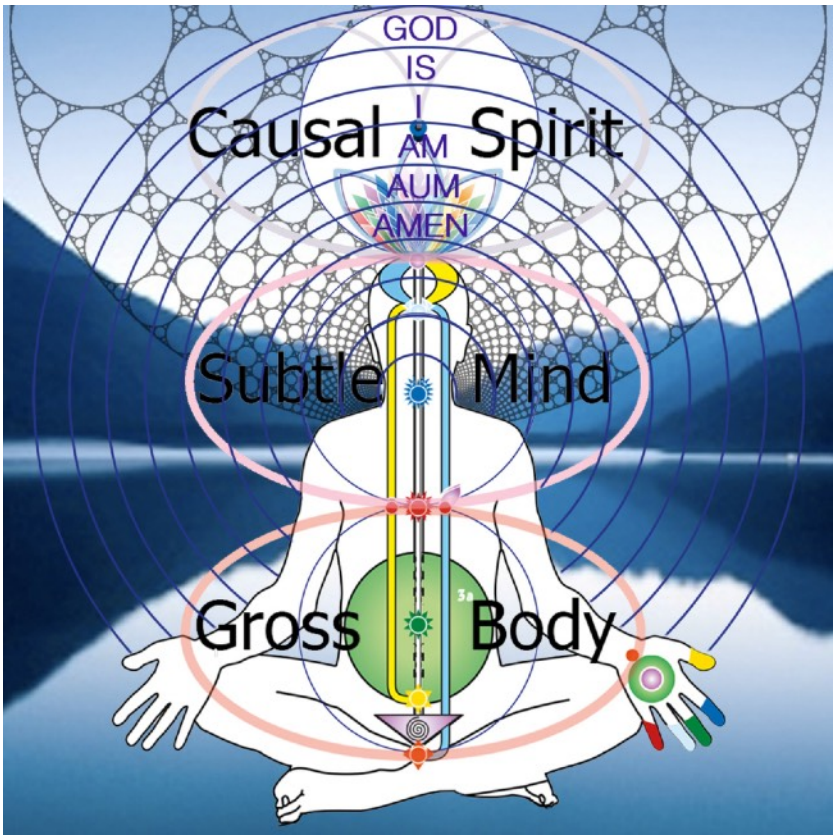
Ever yours, Mother Nirmala"

Shri Mataji Nirmala Devi ~ 1979

6 God Is You

God IS the One who Seeks and Finds. Its only God that Knows
The Trees of Life and Knowledge - Polarity that grows.
God's three Gunas are the Play, Left, Centre and the Right.
The Play, the Dance and Drama? God Is both Day and Night.

God sings the AUM, our Nadis, these Three in us are One
The Mother Earth, Sister Moon and our Father, Sun.
God IS - Sat Truth, Chitta Awareness, Ananda is His Joy,
Our Source and Truth is Innocence, in every girl and boy.

God IS the Matrix of Time-Space, where Energy is Matter.
This All and IS, this everything, is from God's Big Bang, splatter!
God IS the MahaMaya, apparent separateness of 'Other'
Eternal, Illusion, the Great Mystery : Our Universal Mother.

God IS the great Transcendent Source, and IS the Immanent Force
GOD IS, and in Eternal Presence, GOD IS YOU, of course.